

The Role of Parents in Applying Discipline to Children in A Pandemic Period

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Abstract

In this era of the COVID-19 pandemic, children are learning online. Therefore, all children activities are also carried out at home, so parents certainly have a big role in student activities at home, one of which is discipline. Discipline is an aspect that must be instilled in children from an early age so that later they can get used to it until adulthood. Without discipline, the child will become someone who has no direction and purpose. Therefore, discipline is very important to be instilled. In this study, the subjects used were parents and children. The purpose of this research is to find out the role of parents in applying discipline to children. The data collection method used is in the form of a literature study. Therefore, data is obtained about the role of parents in applying discipline to children in the pandemic era.

Keywords: *Discipline; roles; parents; children.*

Peran Orang Tua Dalam Menerapkan Kedisiplinan Pada Anak di Masa Pandemi

Abstrak

Di era pandemi COVID-19 ini, anak-anak belajar secara online. Oleh karena itu, semua kegiatan anak juga dilakukan di rumah, sehingga orang tua tentu ya memiliki peran yang besar dalam kegiatan siswa di rumah, salah satu nya adalah disiplin. Disiplin merupakan aspek yang harus ditanamkan pada anak sejak dini agar nantinya dapat membiasakan diri hingga dewasa. Tanpa disiplin, anak akan menjadi seseorang yang tidak memiliki arah dan tujuan. Oleh karena itu, kedisiplinan sangat penting untuk ditanamkan. Dalam penelitian ini subjek yang digunakan adalah orang tua dan anak. Tujuan dari penelitian ini adalah untuk mengetahui peran orang tua dalam menerapkan disiplin pada anak. Metode pengumpulan data yang digunakan adalah berupa studi kepustakaan. Oleh karena itu, diperoleh data tentang peran orang tua dalam menerapkan disiplin pada anak di era pandemi. Peneliti berharap semoga penelitian ini dapat bermanfaat bagi pembaca di masa mendatang untuk dapat meningkatkan dalam penerapan karakter kedisiplinan pada anak dimasa pandemic saat ini dan juga penelitian ini dapat digunakan untuk penelitian selanjutnya, Saran bagi orang tua dan pembaca setidaknya memberikan pembekalan terhadap anak didiknya yaitu berupa penerapan kedisiplinan sejak dini.

Kata kunci: Disiplin; Peran; Orang tua; Anak.

1. PRELIMINARY

As we know, Indonesia has been affected by the Covid-19 pandemic since 2020. During this pandemic, many activities are limited in their implementation. One of the activities that are restricted during the Covid-19 pandemic is learning activities in schools. Where all schools in areas affected by the Covid-19 pandemic carry out online learning. During learning activities, students can follow them from home.

Because students take part in learning from home, the teacher cannot directly supervise student activities during the learning activities. So during this Covid-19 pandemic, parents should have a very important role in supervising students. In addition to supervision, parents of course also have to provide various knowledge and knowledge about the attitudes that must be possessed by students. One of these attitudes is discipline. Although students do not go to school every morning, students must remain disciplined in their daily activities. In this case, parents should have a role in disciplining students during the Covid-19 pandemic.

I have read many articles about the role of parents in disciplining students. From the articles that have been read, the majority were made before the Covid-19 pandemic. So the purpose of this study is to find out the role of parents in applying discipline to students during this Covid-19 pandemic.

2. METHOD

This study uses the method of collecting data from literature studies derived from 20 articles on the role of parents in an effort to discipline students. Of the 20 articles, 10 of them are in Indonesian and the rest are in foreign languages. Of the 20 articles, presented in [Table 1 ...](#)

[Table 1.](#) 20 Articles

No	Title	Authors	Name Of Journal	Contribution
1	The Role of Parents in Instilling Discipline in Children in Kalimporo Village	By Neli Amelia Guntur, Andi Kasmawati, and Muhammad Sudirman	Faculty of Social Sciences, Makassar State University	There are several things that are important in teaching children to be disciplined, including: Parents must be firm, Give gifts so that children motivated, If giving punishment must be adapted to child's condition, Open a discussion room with child to declare object, Avoid corporal punishment, Parents must be role models.
2	The Role of Parents In Growing Androgynous Children's Personality Through Play Activities	By Muthmainn ah.	Journal of Children's Education	The role of parents in child development, including: assisting, establishing communication, providing opportunities, supervising, encour-

				raging or motivating, and directing. That way, children are allowed to mingle with the environment but still have to be monitored by paents.
3	The Role of Parents in Instilling Discipline in Children	By Seravina N.S and Purwito Adi.	Journal of Education and Learning for Teachers and Lecturers	In instilling discipline in children, parents can invite children to do activities together. So, the child will feel happy because the task is done together so it will become a habit to be able to do this. In addition, parents can also make simple rules that can be followed by children, such as getting up early, throwing garbage in its place and so on.
4	The Role of Parents in Instilling Early Childhood Discipline in the Family Environment (Case Study in Kukap Hamlet, Poncosari Village, Srandakan District)	By Obi Faizal.	Journal of Out-of-school Education	Instilling parents in instilling the disciplined character of early childhood in the family environment. Because the family has a major role in instilling disciplined character in children.
5	The Relationship Between Parental Treatment With Student Independence In Learning	By Wisma Arora, Erlamsyah, and Syahniar	Counseling Scientific Journal	The independence of a child begins / comes from the family and is influenced by the daily treatment of parents. so, very supportive of children will follow what parents do.
6	The Role of Parents in Implementing Learning at Home During the Covid 19 Pandemic	By Nika And Rita.	Golden Age Journal	The role of parents is very necessary for the learning process of children During this study from home, the role of

				parents is also very necessary for provide education to their children who still do not understand about the pandemic that is endemic to stay at home so that not infected and transmit this pandemic outbreak.
7	The Role of Parents in Student Learning Discipline	By Welda Wulandari, Zikra, and Yusri	Indonesian Teacher Research Journal	Self-discipline is one aspect that needs to be instilled and developed as early as possible in children, so that they do not experience difficulties in entering adolescence. Discipline is also one aspect that needs to be instilled and developed as early as possible in children.
8	The Implementation of Disciplined Character Education and Student Responsibilities in SD Negeri No. 13/1 Muara Bulian	By Sri Patmawati.	Faculty of Teacher Training and Education, Jambi University	the application of character education and discipline is integrated through learning activities by inserting material on related subjects.
9	Tips for Tough Parents to Make Children Disciplined and Happy	By Ania Susanti, Hani Susanti, Wanti Setiawati, and Wiwin Suryaningsih	Tunas Siliwangi Journal	For early childhood, this form of discipline must be implemented voluntarily and through play. Planting the right discipline will make children have a disciplined attitude and stay feel happiness.
10	Violence Versus Discipline in Child Care	By Alit Kurniasari.	Journal of Social Information	Violence in disciplining children is something wrong because it can cause various kinds of consequences such

					as trauma in the long term. Then parents and teachers are taught to understand and direct and recall the goals of parenting or education for children for the long term, not aiming for current behavior change or just for a moment but for the long term.
11	Factors Influencing Student's Discipline Character Building	By Vitri Yunesa And Afriva Khaidir.	Advances in Social Science, Education and Humanities Research		Effort in build student discipline character, namely: setting rules, controlling (verbal, symbolic and text), mandatory extracurricular activities, namely scouting, collaboration with parents, coaching division.
12	Smartphone Use Patterns Of Smartphone-Dependent Childern	By Jeong Hye Park.	Child Health Nurs Res		Parent should monitor their children's smartphone usage patterns attentively and provide consistent discipline in a manner that ensures proper smartphone use. So that the level of children's dependence on smartphones used for games will be reduced.
13	Parental Engagement In Childern's Online Learning Duringthe Covud-19 Pandemic	By Ria Novianti And Meyke Garzia.	Journal Tech, Learn, Elem, Educ		The results showed that the involvement of parents in supervising children study time 81.7%, the role of parents in accompanying children to learn 80.4%, supervising children's learning time 71.8%, recognizing children's learning

				difficulties 69% and provision of learning facilities 64.8%. It can be concluded that most of the parents are involved in children's online learning activities, although there are still those who have obstacles and difficulties in dividing time, attention and explaining lessons to children.
14	Parental Involvement In Fostering The Character Of Child's Discipline At Elementary School	By Ismail	Journal of Progressive Educators	In schools, apart from teachers, of course, parental involvement also has a very important role in improving discipline, self-esteem and cognitive development for students. So, it can be useful in fostering the character education of children's discipline.
15	Parental Practices Of Disciplining Children: Implications For Intervention	By MissayeMulate.	International Journal of Psychology and Counseling	Parents use more non-aggressive child discipline techniques than Aggressive psychological discipline and physical punishment to discipline their children.
16	Parental Involvement In Discipline Management Of Special Education Students In Schools	By Norshidah Mohamad And FatinNabiha h.	International Journal of Academic Research in Progressive Education and Development	Parents and schools work together in an effort to discipline students, when parents experience obstacles in disciplining students, the school will help. Thus, the problem of deviant behavior and student discipline can be handled collectively by

				schools and parents.
17	Relationship Parent Support And Peer With Student Learning Discipline	By Lulu Retno, Neviyarni. S, and Mudjiran. Mudjiran.	The International Journal of Counseling and Education	Every child has at least two important supports in an effort to develop a disciplined attitude, including support from parents and friends. Parental support not only provides school facilities, but can help to learn and solve problems together. Peer support has an important role in the formation of good or bad norms students have regularity in learning.
18	The Role Of Parents In Resolving Student's Discipline Problems In Public Day Secondary Schools In Kikuyu Sub County	By Githu Margareth.	Policy And Curriculum Studies Of Kenyatta University	parents are not involved enough to solve problems at school, even though parents have an important role in disciplining students at school. In this study also found that parents use different parenting styles/practices and parents view authoritarian parenting styles as most effective while teachers and principals view this as having a negative effect.
19	The Role Of Parents In The Dynamics Of School Discipline	By Philip Joseph.	International Journal of Independent Research and Studies	the negative impact on children caused by the current era of globalization, can be resolved by combining the interests of the vision of both parents and teachers through a comprehensive, shared and pragmatic plan. So in this case, parents

				still have a very important role in educating children's discipline.
20	The Role Of Parents In Maintaining Discipline Amongst Form 4 Secondary School Students In Fiji	By Satish Prakash Chand.	The International Journal, Research Jorurnal of Social Science and Management	Parents play an important role in maintaining discipline in school whereas their lack of support causes a number of problems such as swearing, bullying, truancy, alcohol abuse, sniffing glue, lying, stealing, rebelling, graffiti, fighting, smoking and other relationship problems.

3.RESULTS AND DISCUSSION

From all the articles that have been read by the author, various results have been obtained, including:

3.1. Student Problems at Home

Some of the problems that may occur in children at home are: being late in the morning and slow in the morning, difficult to tell and often arguing with parents, preferring to watch television or playing video games, consumptive or like to eat snacks, often fights such as hitting and kicking younger siblings. older siblings or even parents, do not like to bathe and eat irregularly, and also prefer to play rather than do chores (Ania Susanti, 2018).

From these problems, it should be able to overcome with the role of parents through various forms and methods that can be used by parents.

3.2. The role of parents

Parents are the first people who have the responsibility to provide education for their children at home. So that parents have a very important role in preparing children's development which indirectly applies elements of education. Where parents are also responsible for getting their children to behave in a disciplined manner, both towards all living things in line with values and norms(Welda Wulandari, 2017).

However, although parents have a very important role in education in the family environment, not everything can be done well. This can happen due to various reasons behind it, such as work factors. Where the activities of parents are mostly carried out outside the home so that the lack of communication with children results in children's discipline being out of control.

3.3. Forms of Parental Role

In their role in providing education at home, parents have various forms of roles that can be carried out including:

Parents can carry out mentoring activities such as: if the child has difficulty in something, the parent must be able to help him, establish good communication with the child, provide opportunities, the meaning can be said to be like giving the child trust, always supervising so that the child can be controlled and directed, encouraging as well as providing motivation, and finally directing

children to have attitudes and be able to develop the basics of discipline (Muthmainnah, 2012).

Giving praise can also have an influence on children which can make it easier for children to understand things correctly. Examples in giving such praise include: giving praise to the child if he has carried out orders from both mother and father, keep praising if the new behavior requires praise support then as parents must avoid power struggles with children (Neli Amelia Guntur, 2016).

Furthermore, parents can give various examples of simple things to children, for example: making simple rules so that they are easy to obey and implement by children, giving simple reasons when parents cannot accept certain behaviors, giving choices. limited choices for children then parents can be a good example for their children (Seravina NS Elom, 2019).

3.4. Results

From all the available information, the results obtained are that parents have a big role in education in the family environment, but not all parents can carry out this role for various reasons such as busy working.

Various roles in instilling discipline in children that can be done by parents are always providing supervision to children and continuing to establish good communication with children and do not play hands or use violence in giving actions to children. That way, the child will always be awake and controlled under the supervision of the parents.

4. CONCLUSION

The conclusion of this study is that all parents have the same role in educating and developing their children such as providing education about discipline, even though not all parents can carry out this role for various reasons such as busy working. Students who are always monitored by their parents at home will have differences with students who are not monitored by their parents. Students who are always monitored by their parents will definitely be more disciplined and orderly in life because they have established rules and various experiences and understandings given by their parents.

So the discipline of students while at home is very dependent on the guidance of parents, where with parents always providing supervision, students will more easily accept an understanding of discipline.

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