

# The Role Of Parents In Applying Discipline To Children In A Pandemic Period

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## **Abstract**

*In this era of the COVID-19 pandemic, children are learning online. Therefore, all children activities are also carried out at home, so parents certainly have a big role in student activities at home, one of which is discipline. Discipline is an aspect that must be instilled in children from an early age so that later they can get used to it until adulthood. Without discipline, the child will become someone who has no direction and purpose. Therefore, discipline is very important to be instilled. In this study, the subjects used were parents and children. The purpose of this research is to find out the role of parents in applying discipline to children. The data collection method used is in the form of a literature study. Therefore, data is obtained about the role of parents in applying discipline to children in the pandemic era.*

**Keywords:** *Discipline; roles; parents; children.*

## **Peran Orang Tua Dalam Menerapkan Kedisiplinan Pada Anak di Masa Pandemi**

### **Abstrak**

Di era pandemi COVID-19 ini, anak-anak belajar secara online. Oleh karena itu, semua kegiatan anak juga dilakukan di rumah, sehingga orang tua tentunya memiliki peran yang besar dalam kegiatan siswa di rumah, salah satunya adalah disiplin. Disiplin merupakan aspek yang harus ditanamkan pada anak sejak dini agar nantinya dapat membiasakan diri hingga dewasa. Tanpa disiplin, anak akan menjadi seseorang yang tidak memiliki arah dan tujuan. Oleh karena itu, kedisiplinan sangat penting untuk ditanamkan. Dalam penelitian ini subjek yang digunakan adalah orang tua dan anak. Tujuan dari penelitian ini adalah untuk mengetahui peran orang tua dalam menerapkan disiplin pada anak. Metode pengumpulan data yang digunakan adalah berupa studi kepustakaan. Oleh karena itu, diperoleh data tentang peran orang tua dalam menerapkan disiplin pada anak di era pandemi. Peneliti berharap semoga penelitian ini dapat bermanfaat bagi pembaca di masa mendatang untuk dapat meningkatkan dalam penerapan karakter kedisiplinan pada anak di masa pandemi saat ini dan juga penelitian ini dapat digunakan untuk penelitian selanjutnya, Saran bagi orang tua dan pembaca setidaknya memberikan pembekalan terhadap anak didiknya yaitu berupa penerapan kedisiplinan sejak dini.

**Kata kunci:** Disiplin; Peran; Orang tua; Anak.

## 1. Preliminary

As we know, Indonesia has been affected by the Covid-19 pandemic since 2020. During this pandemic, many activities are limited in their implementation. One of the activities that are restricted during the Covid-19 pandemic is learning activities in schools. Where all schools in areas affected by the Covid-19 pandemic carry out online learning. During learning activities, students can follow them from home.

Because students take part in learning from home, the teacher cannot directly supervise student activities during the learning activities. So during this Covid-19 pandemic, parents should have a very important role in supervising students. In addition to supervision, parents of course also have to provide various knowledge and knowledge about the attitudes that must be possessed by students. One of these attitudes is discipline. Although students do not go to school every morning, students must remain disciplined in their daily activities. In this case, parents should have a role in disciplining students during the Covid-19 pandemic.

I have read many articles about the role of parents in disciplining students. From the articles that have been read, the majority were made before the Covid-19 pandemic. So the purpose of this study is to find out the role of parents in applying discipline to students during this Covid-19 pandemic.

## 2. Method

This study uses the method of collecting data from literature studies derived from 20 articles on the role of parents in an effort to discipline students. Of the 20 articles, 10 of them are in Indonesian and the rest are in foreign languages. Of the 20 articles, including:

- [1] The Role of Parents in Instilling Discipline in Children in Kalimporo Village, Bangkala District, Jeneponto Regency, By Neli Amelia, et al.
- [2] The Role of Parents In Growing Androgynous Children's Personality Through Play Activities, By Muthmainnah.
- [3] The Role of Parents in Instilling Discipline in Children, By Seravina And Purwito.
- [4] The Role of Parents in Instilling Early Childhood Discipline in the Family Environment (Case Study in Kukap Hamlet, Poncosari Village, Srandakan District), By Obi Faizal.
- [5] The Relationship Between Parental Treatment With Student Independence In Learning, By Wisma Arora, Etc.
- [6] The Role of Parents in Implementing Learning at Home During the Covid 19 Pandemic, By Nika And Rita.
- [7] The Role of Parents in Student Learning Discipline, By Welda Wulandari, Etc.
- [8] The Implementation of Disciplined Character Education and Student Responsibilities in SD Negeri No. 13/1 Muara Bulian, By Sri Patmawati.
- [9] Tips for Tough Parents to Make Children Disciplined and Happy, By Ania Susanti, Etc.
- [10] Violence Versus Discipline in Child Care, By Alit Kurniasari.
- [11] Factors Influencing Student's Discipline Character Building, By Vitri Yunesa And Afriva Khaidir.
- [12] Smartphone Use Patterns Of Smartphone-Dependent Childern, By Jeong Hye Park.

- [13] Parental Engagement In Children's Online Learning During the Covid-19 Pandemic, By Ria Novianti And Meyke Garzia.
- [14] Parental Involvement In Fostering The Character Of Child's Discipline At Elementary School, By Ismail, Etc.
- [15] Parental Practices Of Disciplining Children: Implications For Intervention, By Missaye Mulatie.
- [16] Parental Involvement In Discipline Management Of Special Education Students In Schools, By Norshidah Mohamad And Fatin Nabihah.
- [17] Relationship Parent Support And Peer With Student Learning Discipline, By Lulu Retno, Etc.
- [18] The Role Of Parents In Resolving Student's Discipline Problems In Public Day Secondary Schools In Kikuyu Sub County, Kiambu County, Kenya, By Githu Margareth.
- [19] The Role Of Parents In The Dynamics Of School Discipline, By Philip Joseph.
- [20] The Role Of Parents In Maintaining Discipline Amongst Form 4 Secondary School Students In Fiji, By Satish Prakash.

### 3. Results And Discussion

From all the articles that have been read by the author, various results have been obtained, including:

#### A. Student Problems at Home

Some of the problems that may occur in children at home are: being late in the morning and slow in the morning, difficult to tell and often arguing with parents, preferring to watch television or playing video games, consumptive or like to eat snacks, often fights such as hitting and kicking younger siblings. Older siblings or even parents, do not like to bathe and eat irregularly, and also prefer to play rather than do chores (Ania Susanti, 2018).

From these problems, it should be able to overcome with the role of parents through various forms and methods that can be used by parents.

#### B. The role of parents

Parents are the first people who have the responsibility to provide education for their children at home. So that parents have a very important role in preparing children's development which indirectly applies elements of education. Where parents are also responsible for getting their children to behave in a disciplined manner, both towards all living things in line with values and norms (Welda Wulandari, 2017).

However, although parents have a very important role in education in the family environment, not everything can be done well. This can happen due to various reasons behind it, such as work factors. Where the activities of parents are mostly carried out outside the home so that the lack of communication with children results in children's discipline being out of control.

#### C. Forms of Parental Role

In their role in providing education at home, parents have various forms of roles that can be carried out including:

Parents can carry out mentoring activities such as: if the child has difficulty in something, the parent must be able to help him, establish good communication with the child, provide opportunities, the meaning can be said to be like giving the child

trust, always supervising so that the child can be controlled and directed, encouraging as well as providing motivation, and finally directing children to have attitudes and be able to develop the basics of discipline (Muthmainnah, 2012).

Giving praise can also have an influence on children which can make it easier for children to understand things correctly. Examples in giving such praise include: giving praise to the child if he has carried out orders from both mother and father, keep praising if the new behavior requires praise support then as parents must avoid power struggles with children (Neli Amelia Guntur, 2016).

Furthermore, parents can give various examples of simple things to children, for example: making simple rules so that they are easy to obey and implement by children, giving simple reasons when parents cannot accept certain behaviors, giving choices. limited choices for children then parents can be a good example for their children (Seravina NS Elom, 2019).

#### D. Results

From all the available information, the results obtained are that parents have a big role in education in the family environment, but not all parents can carry out this role for various reasons such as busy working.

Various roles in instilling discipline in children that can be done by parents are always providing supervision to children and continuing to establish good communication with children and do not play hands or use violence in giving actions to children. That way, the child will always be awake and controlled under the supervision of the parents.

## 4. Conclusion

The conclusion of this study is that all parents have the same role in educating and developing their children such as providing education about discipline, even though not all parents can carry out this role for various reasons such as busy working. Students who are always monitored by their parents at home will have differences with students who are not monitored by their parents. Students who are always monitored by their parents will definitely be more disciplined and orderly in life because they have established rules and various experiences and understandings given by their parents.

So the discipline of students while at home is very dependent on the guidance of parents, where with parents always providing supervision, students will more easily accept an understanding of discipline.

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